

The Story of Mecca Seerah Until the Hijra



History101 | FALL, 2025

Instructor: Imam Abdur Rahman
Office Hours: By appointment only

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Class Times: 7-9:30 PM Thursday

Class Location:

Zoom Meeting ID:

Zoom Password:

PREREQUISITES

Successful completion of MRF (Marifa) 101 – Introduction to Learning the Sacred Sciences.

Students who have not fulfilled the prerequisite are welcome to audit this class. To see the audit policy, please visit the web site: <http://planomasjid.org/marifa/marifa-audit-policy>.

COURSE DESCRIPTION

This course will be a study of the Seerah (biography) of the Prophet ﷺ, focusing on the Meccan period. This study will cover the introduction of the science of Seerah, its importance and benefit, the pre revelation era, the surrounding situations, the Prophet's lineage, and all the struggles he and his followers faced with their new founded faith until the migration to Madinah.

COURSE OBJECTIVES

- To gain an understanding of the context in which Islam was founded by studying the Makkan period.
- To foster a sense of relevance between our times and struggles with the early era of Islam.
- To develop and strengthen our love for the Prophet ﷺ.

TEXTBOOKS

Required:

Mohiuddin, Meraj, Revelation: The Story of Muhammad, peace and blessings be upon him.

Recommended:

Sallaabee, Dr. Ali Muhammad, The Noble Life of the Prophet (peace be upon him).

CLASS POLICIES

- **Punctuality Matters:** Please make every effort to arrive on time and stay for the full class. Arriving late or leaving early may lead to missed content and confusion. If you miss a session, be sure to review the class recording before the next meeting.
- **Come Prepared:** Reading the assigned textbook material before class is essential. Only those who complete the reading may ask questions during class discussions.
- **Respectful Technology Use:** Electronic devices are allowed for class-related purposes only. Please silence your phones during sessions to avoid distractions.

- **Zoom Etiquette:** Use your full name (as listed on the roster) for all Zoom sessions. Nicknames or unrecognized names will be removed from the meeting.
- **Timely Submissions:** All assignments must be submitted by the deadline. Extensions will not be granted.
- **Exams:** Make-up exams are only allowed with a documented excuse. If you miss an exam, email me promptly.
- **Attendance Requirement:** To receive course credit, you must attend at least 70% of classes (8 out of 12 sessions) in person. Those with fewer than 8 sessions will be moved to auditor status.

COURSE ASSESSMENT & GRADING

Online Quizzes/Readings – 60%

Designed to support engagement with readings and lectures.

Assigned and due before the following class session.

Released Fridays after class; due Wednesday before the next class.

The number and dates of quizzes will be announced in class.

Lowest 2 scores will be dropped from the final average.

Letters to the Beloved – 40%

Task: At the following four points in the course, compose a letter addressed to the Prophet ﷺ. What would you say to him at this point in your study of the Seerah? What moved or inspired you about the events that transpired? What important lessons can you learn from him ﷺ or what has transpired that you can apply to your own practice and understanding? There is no word requirement. Please speak from the heart. Begin each letter with “Dear RasulAllah...”

Note: Your final grade must be higher than 70% in order to receive credit for this course!

TENTATIVE COURSE OUTLINE & READING ASSIGNMENTS

Session	Book Reading
Session 1	Mohiuddin pages 43-67
Session 2	Mohiuddin pages 67-76
Session 3	Mohiuddin pages 77-90
Session 4	Mohiuddin pages 91-102
Session 5	Mohiuddin pages 103-112
Session 6	Mohiuddin pages 113-123
Session 7	Mohiuddin pages 124-144
Session 8	Mohiuddin pages 145-153
Session 9	Mohiuddin pages 154-159
Session 10	Mohiuddin pages 160-166
Session 11	Mohiuddin pages 167-169
Session 12	Tying Loose Ends